

Christie Swadling

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Christie Swadling
112.5k Followers, 567 Following, 4,275 Posts - See Instagram photos and videos from CEE (@christieswadling)

CEE's (@christieswadling) Instagram profile • 4,275 photos ...

My name is Christie Lee Swadling, also known as CEE, Lil Chris or even #THEQUEENOFGUTHEALTH I'm a 23 year old health advocate, YouTuber & content creator.

About cee — Christie Swadling

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SHOP — Christie Swadling

Enjoy the videos and music you love, upload original content, and share it all with friends, family, and the world on YouTube.

Christie Swadling - YouTube

Christie is a 23 year old health advocate,YouTuber & content creator, she is extremely passionate about fitness, health and nourishing your body and your GUT! Her goal is to spread the awareness of IBS, the importance of good gut health and to motivate and inspire other women to eat and live a healthy and active lifestyle and to overall find their balance #findyobalance

WELLNESS SERIES: GUT HEALTH WITH CHRISTIE SWADLING ...

At 16, Christie Swadling was fascinated by the models who worked for Victoria's Secret. But her obsession almost took a deadly turn. After she began idolizing former VS angel Miranda Kerr at the...

Teen Obsessed With Victoria's Secret Models Nearly Dies ...

But according to an Instagram fan page, the 27-year-old hunk from Sydney, who runs a media company, was dating model Christie Swadling until only recently.

Love Island: Maurice Salib was dating model 'until two ...

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EDIT LIKE ME — Christie Swadling

My Gut Reset Challenge has been designed to help you #findyobalance and achieve symptom relief from IBS. With the help of Accredited Practicing Dietitian (APD) Rachel Hawkins aka @thenakedtruth.au, I have developed a program that will help you to identify your IBS triggers and manage your gut symptoms, whilst also sharing my own personal experience living with IBS.

THE GUT RESET CHALLENGE — Christie Swadling

I hope these little tips have helped you, as you guys know i'm super passionate about helping girls heal their gut because trust me, I know how depressing it can be but I also know how much it can control your life and how damaging it can be with your relationship with food.

How I'm healing my IBS — Christie Swadling

Christie Swadling aka CEE here, Central Coast-born now Cronulla, Sydney-based 23 year old beach babe, with a passion for all things nutrition, fitness, gut health, self improvement, self empowerment, and working with the power of your mind to find beautiful balance in all areas of life.

YO BALANCE CO. Christie swadling - Apple Podcasts

Christie Swadling is hardly the first person to idolize a Victoria's Secret model. But the teen's obsession nearly turned deadly when her weight plummeted to 66 pounds in 2014 after she became...

'My obsession with Miranda Kerr turned me into an anorexic ...

The jilted ex-girlfriend of Love Island Australia's Maurice Salib has taken yet another public swipe at her former flame. Appearing on The Kyle And Jackie O Show on Wednesday, Instagram model...

Love Island Australia Maurice Salib's ex calls him a ...

Australian teen Christie Swadling is overcoming her long term battle with anorexia after comparing herself to Miranda Kerr at a young age. She is hoping to motivate others through social media.

Christie Swadling - trumpetmaster.com

Oct 20, 2019 - Explore Mackenzie Burnside's board "CHRISTIE SWADLING" on Pinterest. See more ideas about Food, Food photography, Healthy food photography.

10+ Best CHRISTIE SWADLING images | food, food photography ...

I just discovered Christie Swadling because she was mentioned here and I have scrolled through her Insta and Youtube - that girl really has the typical anorexic mindset? She comes across as a controll freak, everything has to be so tidy and organised and she seems like she can't really handle it when things go different than she has planned ...

ED Recovery Influencers/Vloggers - Page 4 - Guru Gossip

Christie Swadling Christie Swadling Christie Swadling - modapktown.com Christie Swadling aka CEE here, Central Coast-born now Cronulla, Sydney-based 23 year old beach babe, with a passion for all things nutrition, fitness, gut health, self improvement, self empowerment, and working with the power of your mind to find Sep 18 2020 Christie Swadling

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